



**USA Track & Field National Officials Committee  
Association Level Race Walk Rules Review - 2005-2008 Olympiad Edition**

**SUPPLEMENT FOR RACE WALK JUDGES & RACE WALKING OFFICIALS**

**PART 1 – APPLICABLE FOR ASSOCIATION, NATIONAL & MASTERS LEVEL  
CERTIFICATIONS**

**Instructions:** Fill in the missing word(s) from the following rule statements taken from the *USA Track & Field 2004 Competition Rules*. Although some statements provide a contact reference (e.g., “[ ]”) or do not complete the entire sentence (as indicated by “...”), the statements are quotes drawn from the *USA Track & Field 2004 Competition Rules* in a sequential order. Please **PRINT** your answers on the **ANSWER SHEET** provided and return it to your Association Certification Chair for his/her review.

**Purpose:** This is not an exam. Rather, our goal is that every certified Race Walk Judge and Race Walk Official be familiar with and understand the current content and location of the rules applied to USATF Race Walk competitions. This review, a part of the Committee’s three-step training program (clinic, formal rules review and supervised practice), emphasizes those rules, which are basic to USA Track & Field Race Walk competitions. Effective Race Walk Judges and Race Walk Officials do not rely on memory alone in making decisions—when in doubt they look it up. Note this review is intended for Race Walk Judges and Race Walk Officials certification only. This is a supplemental review and you need to also complete the general T&F exam.

**Note:** *This is a 2005 Olympiad Rules Review and requires the USA Track & Field 2004 Competition Rules Book to complete. The rulebook can also be found on line under USATF.org under Officials or usatfofficials.com under Rules. As a result of 2005 Rule changes only one question, #50 was impacted where the distance changed from 1 mile to 1500 m but the answer is the same.*

**ARTICLE I---Championship Events and Olympic Selection**

1. (Association) An athlete who has competed in the Championship of one Association shall not be (1)\_\_\_\_\_ to compete in the same Championship of any other Association. Rule 3.2 p15 (2004).
2. (Scoring) The team Championships in...Race Walking.... Shall be scored by (2)\_\_\_\_\_. Rule 7.2, p18 (2004).
3. (Non-Championships) So far as possible, the rules for the conduct of championships shall apply to all other competitions conducted or sanctioned by USA Track & Field or any of its (3)\_\_\_\_\_. Rule 8.1, p19 (2004).
4. (Race Walking Championships) A maximum of five and a minimum of (4)\_\_\_\_\_ athletes form a team for National Championships. Rule 25.2(a), p36 (2004).
5. (Race Walking Championships) Team members must be (5)\_\_\_\_\_ prior to the competition. Rule 25.2(a), p36 (2004).

**ARTICLE II----Officials**

6. (Meet Personnel) Officials are necessary at athletic events: There should be as many (6)\_\_\_\_\_ at a meet as is necessary for its orderly and efficient operation, and compliance with these rules. Rule 110.1, p42 (2004).
7. (Meet Personnel-Road Events) It is recommended that there be 6 to 9 Race Walking Judges, plus a sufficient number of Race Walking (7)\_\_\_\_\_. Rule 110.7, p44 (2004).
8. (Jury of Appeal) A Jury of Appeals composed of three or (8)\_\_\_\_\_ persons, preferably certified officials, may be established by the Games Committee... Rule 119, p45 (2004)
9. (Referee) A Referee shall have the authority to warn any competitor for (9)\_\_\_\_\_ conduct or to exclude such a competitor from the competition. Rule 125.7, p47 (2004).
10. (Umpires) In walking events, the assigned Umpires shall perform their duties as in any other events, but shall not be responsible for (10)\_\_\_\_\_ rules, which are the responsibility of the Judges of Race Walking. Rule 127.6, p49 (2004).
11. (Timers) For races partially or entirely off the track, split times should be given to the competitors (11)\_\_\_\_\_ by a visible clock, orally, or both at appropriate locations on the course. Rule 128.5, p51 (2004).
12. (Lap Scorers) No Lap Scorer shall be responsible for more than...competitors \_\_\_\_\_(12)in the case of walking events.....). Rule 131.1, p53 (2004).

### **ARTICLE III RULES OF COMPETITION - SECTION 1 GENERAL**

13. (Athletic Attire) The competitors must not wear clothing that could (13)\_\_\_\_\_ the view of the judges. Rule 143.1, p56 (2004).
14. (Numbers) The number bibs are to be worn as (14)\_\_\_\_\_ (cutting or folding numbers is not permitted). Rule 143.4, p57 (2004).
15. (Numbers) When two number bibs are provided they shall be worn on the (15)\_\_\_\_\_, front and back. Rule 143.5, p57 (2004).
16. (Assistance to Athletes) "Assistance"...includes pacing in...walking events by persons not participating in the event, by competitors (16)\_\_\_\_\_ or about to be lapped, or by any kind of technical device. Rule 144.1, p58 (2004).
17. (Assistance to Athletes) ...Nor shall any competitor be allowed, without the permission of the Referee or Judges, to receive assistance or (17)\_\_\_\_\_ from anyone during the progress of the competition, except as provided by Rules 144.8, 144.9, 144.10 or 241 Rule 144.7, p59 (2004).
18. (Assistance to Athletes) Medical personnel authorized by the Games committee or Referee to do so may (18)\_\_\_\_\_ any athlete who appears in distress. Rule 144.8, p59 (2004).

### **SECTION II TRACK EVENTS**

19. (The Competition) In any event of 20,000 meters or more or in any road race, a competitor may leave the road or track with the permission and under the control of a judge or other authorized official, provided that by going off or returning to the course the athlete does not (19)\_\_\_\_\_ the distance to be covered. Rule 163.6(c), p69 (2004).

20. (Timing) The times for races partly or entirely outside the stadium shall be converted and recorded to the next longer (20)\_\_\_\_\_ second. Rule 165.7(a), p72 (2004).

## SECTION V RACE WALKING

21. (Judges of Race Walking) The Judges of Race Walking have the sole (21)\_\_\_\_\_ to determine the fairness or unfairness of walking... Rule 230.1(a), p127 (2004)
22. (Judges of Race Walking) The Judges.... rulings shall be final and without (22)\_\_\_\_\_. Rule 230.1(a), p127 (2004)
23. (Judges of Race Walking) Judging decisions are made as seen by the (23)\_\_\_\_\_. Rule 230.1(a), p127 (2004)
24. (Judges of Race Walking) All judges shall act in an (24)\_\_\_\_\_ capacity. Rule 230.1(e), p127 (2004).
25. (Judges of Race Walking) Judges will serve as (25)\_\_\_\_\_ if none are assigned. Rule 230.1(f), p127 (2004).
26. (Judges of Race Walking) In road races, depending on the size and layout of the course there should be a minimum of (26)\_\_\_\_\_Judges, including the Chief Judge. Rule 230.1(g), p127 (2004).
27. (Judges of Race Walking) ...the completed Judges' Summary Sheet shall be (27)\_\_\_\_\_ as soon after the event as possible. Rule 230.1(h), p127 (2004).
28. (Judges of Race Walking) Competitors must be (28)\_\_\_\_\_ by any judge when, by their mode of progression, they are in danger of ceasing to comply with the definition of race walking. Rule 230.2(a), p127 (2004).
29. (Judges of Race Walking) Each Judge shall use a (29)\_\_\_\_\_ paddle for signaling cautions. Rule 230.2(b), p127 (2004).
30. (Judges of Race Walking) When in the opinion of a Judge, a competitor fails to comply with Rule 232.2 (2004), the Judge should issue a red card. A red card is that Judge's proposal for (30)\_\_\_\_\_ of a competitor. Rule 230.3(a), p128 (2004).
31. (Judges of Race Walking) A Judge shall record all proposals for disqualification on the Judge's (31)\_\_\_\_\_ Rule 230.3(b), p128 (2004).
32. (Judges of Race Walking) When three different judges propose disqualifications on the same competitor, that competitor (32)\_\_\_\_\_ disqualified and shall be notified...by the Chief Judge. Rule 230.3(c), p128 (2004).
33. (Judges of Race Walking) The failure to give prompt notification shall not result in the (33)\_\_\_\_\_ of a disqualified competitor. Rule 230.3(d), p128 (2004).
34. (Judges of Race Walking) The (34)\_\_\_\_\_ shall use a red paddle for signaling disqualification. Rule 230.3(e), p128 (2004).
35. (Race Walking Officials) Race Walking Officials may be appointed to assist in the (35)\_\_\_\_\_ of the race walking events(s). Rule 231, p128 (2004).
36. (Definition) Race Walking is a progression of steps so taken that the walker makes contact with the ground so that no (36)\_\_\_\_\_ loss...of contact occurs. Rule 232.2, p129 (2004).

37. (Definition) The advancing leg must be (37)\_\_\_\_\_ from the moment of first contact with the ground until the vertical position. Rule 232.2, p129 (2004).
38. (General Rules) In track races (and road races) a competitor who is disqualified shall immediately (38)\_\_\_\_\_ the track (or) course. Rule 232.3(a), p129 (2004).
39. (General Rules) In walks where multiple distances are contested simultaneously, each contestant shall declare on the entry form which distance is being entered. Times for other distances.... are valid only if the competitor finishes the distance (39)\_\_\_\_\_. Rule 232.3(b), p129 (2004).
40. (General Rules) Athletes shall not use ....CD or CD ROM players, radio transmitters or receivers, mobile phones, or any similar devices during the (40)\_\_\_\_\_. Rule 232.3(d), p129 (2004).
41. (General Rules) ....for all events 10 km or longer....in addition to refreshments provided by the Organizing Committee, athletes shall be permitted to provide their (41)\_\_\_\_\_ refreshments at refreshment stations. Rule 232.4, p129 (2004).
42. (General Rules) In Championships, the circuit for events 10 kilometers and longer shall be a (42)\_\_\_\_\_ of 2500m. Rule 232.5(a), p130 (2004).
43. (Courses and Conditions for Walking Events) In Championships.... The circuit for events of less than 10 kilometers shall be a (43)\_\_\_\_\_ of 1250m. Rule 232.5(a), p130 (2004).
44. (Qualifying Race Walks) All events that qualify or advance a competitor to subsequent events must be competitive, race walk (44)\_\_\_\_\_, events that comply fully with race walk Competition Rules. Rule 232.6, p130 (2004).

#### **SECTION VI LONG DISTANCE AND ROAD EVENTS (Running and Walking)**

45. (Course Certification) The course used for a competition must be certified (45)\_\_\_\_\_ to the running of the event in accordance with USATF Operating Regulation 6... Rule 240, p131 (2004).
46. (Finish Line Recording and Timing) False starts in road races should not be (46)\_\_\_\_\_. Rule 245.2, p134 (2004).

#### **ARTICLE IV---Records**

47. (Rules Applicable to Race Walking Events) Race Walking performances may be accepted as records only if made in competitions (47)\_\_\_\_\_ to race walkers. Rule 266.1, p147 (2004).
48. (Rules Applicable to Race Walking Events) For records.... At least half of these judges shall have (48)\_\_\_\_\_ or higher certification, and at least one of these judges must have Master or IAAF certification. Rule 266.3, p148 (2004).

#### **ARTICLE VI SPECIAL PROGRAMS SECTION II-A Masters Track & Field and Race Walking**

49. (General Rules) In all National, Regional and Association Masters Championships, there must be a full complement of individual events, by (49)\_\_\_\_\_ -year age divisions, for both men and women. Rule 330.3, p175 (2004).

50. (Masters Race Walking Championships) Masters race walking Championships may be held at any distance one mile or longer and may be (50)\_\_\_\_\_ with the Open Championships. Rule 333.1, p182 (2004)., 2005 Rule change this to 1500 m from 1 mile.



\_\_\_\_\_ # Correct  
 \_\_\_\_\_ % Correct

Part 1 Answer Form  
 Association Level Review for RW  
 2005-2008 Olympiad Edition

Name: \_\_\_\_\_ Phone \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Instructions: Fill out complete form. From the attached Rules Review, indicate the appropriate answer.  
 Year of Rulebook Used: \_\_\_\_\_

No.	Answer	Pg	Rule	No.	Answer	Pg	Rule
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Note: Passing Association 85%, National 90%, Masters 95%

