



AUTUMN CLASSIC

DATE: Saturday, October 6th, 2007

Where: Five Mile Lake Park, Federal Way; S. 366th St. and Military Rd.

From I-5 take the 320th St. exit. Travel **East** on 320th St. (Left turn **I-5 So.**, Right turn **I-5 No.**) for approx. 0.5 mile. Turn right at Military Rd., following Military Rd. for 3.1 miles. Five Mile Lake Park is on the right hand side.

Registration:

Registration begins at 10:00 a.m. (Picnic Shelter #1).
Entry fee \$6.00 per runner for all age groups.
Course walk-through begins at 10:30 a.m.

Awards:

Individual: Trophies for 1st in 7/8, 9/10, 11/12, and 13/14 races; Ribbons through 8th for all races and participation ribbons.

Team: Ribbons for 1st through 3rd Teams (Minimum 3 per team to score; Maximum 8 ribbons per team) in 9/10, 11/12 and 13/14 races.

Name _____ Age as of _____ Sex _____
December 31st
Address _____ City _____
Phone _____ Club _____

Please check one of the following - (Age group is age as of 12/31) :

- | | |
|--|--|
| <input type="checkbox"/> 11:00 6 & Under (800 meters) | <input type="checkbox"/> 1:30 11/12 Boys (3000) |
| <input type="checkbox"/> 11:30 8 & Under (1600) | <input type="checkbox"/> 2:00 13/14 Girls (4000) |
| <input type="checkbox"/> 12:00 9/10 Girls (3000) | <input type="checkbox"/> 2:30 13/14 Boys (4000) |
| <input type="checkbox"/> 12:30 9/10 Boys (3000) | <input type="checkbox"/> 3:00 15 through 18 and open |
| <input type="checkbox"/> 1:00 11/12 Girls (3000) | Men and Women (4000). |

Please read and sign:

I Release the Federal Way Track Club, their club members, board of directors, sponsors and King County Parks department from any claim for injuries that may occur as a result of participation in this event. I attest that the participant is in proper physical condition to compete in the event and am aware of the risks involved during cross country competition.

Participant (Parent/ Guardian/ Coach if under Age 18).