



ENTRY FORM FOR OUR 37TH ANNUAL CHAMPIONSHIP CROSS COUNTRY MEET



PNTF ASSOCIATION CHAMPIONSHIPS

Sunday, November 8, 2009 • "Upper" Lower Woodland Park, Seattle

ENTRY FORM

PLEASE PRINT

RACE NUMBER

LAST NAME _____ FIRST _____

ADDRESS _____ Male Female

CITY / STATE / ZIP _____ S T Z I P C D

BIRTHDATE M M D D Y Y TEAM _____

E-MAIL _____

PHONE _____ 2008 USATF # _____

I am entering the Community Masters Open race

You will be entered in the age and gender division according to the information provided above unless you specifically are a masters runner wishing to enter the open race for team purposes and you check the appropriate box above. ENTRY NOT VALID WITHOUT CORRECT BIRTHDATE ! Non-refundable entry fees made payable to Club Northwest. Fee must accompany entry form. You may also send entries along with entry fees to: ProMotion Events, P.O. Box 31789, Seattle, WA 98103-1789.

READ THIS!! In consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, and administrators, assume all risk of injury, harm, or damage to myself or others arising from my participation in the 2008 PNTF Cross Country Championships, and agree to indemnify and hold harmless any sponsor(s), their agent(s) and assign(s), Club Northwest, USA Track & Field, Pacific Northwest USATF, Seattle Parks and Recreation, Pro-Motion Events, Inc., and any and all persons or entities associated with this event, against any liability, actions, claims, and damages of any kind whatsoever arising from my participation. I attest and verify that I am physically fit, and have sufficiently trained for completion of the event and have full knowledge to all the foregoing. I grant my permission to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose. If I am under eighteen years of age, my parent/guardian must sign for me. I have read, understood, and accept the agreement above.

SIGNATURE _____

DATE _____

INFORMATION ON THIS EVENT AT:



www.pntf.org

or www.clubnorthwest.org

