



2010 USATF JUNIOR OLYMPIC CHAMPIONSHIPS RELAY ROSTER FORM

(Please type or print legibly)

Junior Olympic Rule 302.3 – Relays: Please Read Rules and Procedures on Back

COACHES: This Relay Form must be completed and filed at the first round whether Preliminary Meet or Association Championship *prior to your team's participation*. You need only file this roster one time as it is passed on to succeeding meets, and only athletes listed on this roster may compete on your relay team. (There is no longer a relay entry form for National Junior Olympics -- athletes now enter by means of their individual entry form.)

Use a separate form for each Age Division, Gender, and Relay Event

Full USATF Club Name _____ Club Number 02_/_/_/_/___

Check the corresponding age division and relay (1 per form)

	Bantam	Midget	Youth	Intermediate	Young
4x100					
4x400					
4x800					

Sex: M F
Circle the appropriate team:
A B C D E F

Coach's Name _____ Phone (___) _____

Email _____ Region 1 Association Pacific Northwest

Street Address _____

City _____ State _____ Zip _____

COACH'S DECLARATION

I certify that all athletes listed on this roster are USATF members of my club, comply with the rules, and are in compliance with their age division. I am aware that to be properly entered, each must file an individual entry form and specify their entry for this relay event. To compete on the relay, each athlete must be listed on the Relay Roster.

Signature (REQUIRED) _____

Print or Type First Name-Last Name	P	A	R	N	Print or Type First Name-Last Name	P	A	R	N
	R	S	E	A		R	S	E	A
	E	O	I	T		E	O	I	T
	L	C	O	N		L	C	O	N
	I	A	N	A		I	A	N	A
	N	T	A	L		N	T	A	L
	A	I	L	S		A	I	L	S
	R	O	S			R	O	S	
	I	N				I	N		
	N	A				N	A		
	A					A			
	R					R			
	O					O			
	Y					Y			

YOUTH CHAIRS and/or REGIONAL COORDINATORS: You are required to forward this roster form for all qualified teams to the succeeding level's entry registration coordinator. Alterations are not allowed. (See Procedures on BACK)



2010 USATF JUNIOR OLYMPIC CHAMPIONSHIPS RELAY ROSTER RULES

Junior Olympic Rule 302

3. Relays

- (a.) The procedure for entering a relay is given in the Youth Guide. Failure to comply with the procedure may result in disqualification.
- (b.) A Relay team shall consist of four (4) members.
- (c.) Participation of relays teams shall be limited to those clubs that hold a valid club membership in USATF.
- (d.) All participants shall wear a top of the same color. At Regional and National Championships, all participants shall wear a top of the same color as well as shorts of a same color. The Games Committee shall assign an individual to review colors of team uniforms in the clerking area.
- (e.) An athlete may drop an individual event to compete on a relay as long as the athlete has not competed in any round of that event. A 'no show' does not constitute a drop in the event. A change form must be submitted at registration 1 ½ hours prior to the schedule start of the event being dropped.

Junior Olympics

- (g.) To enter a relay in the Junior Olympics a relay roster is required.
- (h.) The procedure for submitting roster is given in the Youth Guide. The relay roster must be submitted by the entry deadline of the meet whether the Association championship or preliminary meet, as specified in the entry material but not later than the first (1st) round of competition.
- (i.) Any athlete listed on the club's relay roster in the same age division/sex is eligible for that relay team.
- (j.) All competitors listed on the official roster are eligible to compete if they are entered in the meet in individual events or other relays. If an individual is not entered in the meet by either of the above methods stated above, that individual must complete and submit an entry form placing the word "roster" in the event section. An additional cost equal to the cost of a single event may be charged for each member entering by this method.

Youth Athletic Procedures

YA-103: Junior Olympic Relay Procedures

Rev. 0, 4/2007

1. To enter a relay in the Junior Olympic Program, a club coach or administrator must first complete a Relay Roster.
 - a. Complete the personal information, including club name, club number, address, and phone number. Coaches must sign the form.
 - b. In order for an athlete to be eligible to be on a club roster, he /she MUST be a member of USATF and MUST have the club number listed on his/her membership in the USATF Membership Data Base. Each club must be a current USATF registered club.
 - c. Coaches are encouraged to list every eligible athlete in the same division and sex of the club (whether participating in this relay or not) on the roster. Example: Make an alphabetical list of all Bantam Girls in the club. Note: There must be a minimum of 4 athletes in the same age division and sex to form a Relay roster.
 - d. Copy the completed relay roster for each age division and sex and enter one roster for each event:
 - 4x100 A, B, C, etc.
 - 4x400 A, B, C, etc.
 - 4x800 A, B, C, etc.
2. The relay roster must be submitted at the first round of competition by the entry deadline of the meet as specified in the entry material whether the preliminary or the association meet. Once this roster is submitted at the first level, no additions or alterations can be made and the roster may not be returned to the coach, parent or athlete.
3. To declare a relay team into the meet, a club coach or administrator must do the following:
 - a. Check off a minimum of four (4) athletes and maximum of six (6) athletes on their relay roster in the column of the level (preliminary, association, regional or national) next to their names. Subsequently, complete the individual entry forms with entry into the relay for the cost of entering a relay.
 - b. When the club's relay team checks in at the event clerking area, four (4) athletes must be present to run. To change the composition of the team, any athlete can be substituted provided the athlete has a competitor number and is listed on the club's relay roster. To drop an event, a change form must be submitted at registration 1 ½ hours prior to the schedule start of the event being dropped.
Note: The substituted athlete may not exceed the maximum number of events he/she is allowed to compete in at the meet per Rule 300.1(e).
4. To advance a Relay team to the next level of competition, a club's relay must compete and qualify at the current level. The makeup of the relay need not be the same throughout the rounds or various levels of competition as long as the athletes are listed on the original relay roster submitted at the first level.