



2012 6th Annual Fred Dean Invitational Track Meet

Date: Saturday, May 19, 2012

Location: KENT MERIDIAN HIGH SCHOOL FRENCH FIELD
10200 SE 256TH ST, Kent, WA 98031

Age	DIVISION	AGE (as of 12/31/2012)
Divisions:	Mini-Bantam	6 & Under
	Sub-Bantam	7-8
	Bantam	9-10
	Midget	11-12
	Youth	13-14

Awards: Individual event ribbons for 1st- 6th place Relay teams awarded ribbons for 1st – 3rd place. Participant ribbons for all competitors.

Fees: \$6.00 per event for each athlete and \$20.00 for relays with Pre-registration. Deadline for pre- registration is Wednesday, May 16th by 8pm; **NO DAY OF REGISTRATION – NO EXCEPTIONS!** Make checks payable to: SCAA. We accept team checks (no personal checks) and cash only. No refunds. Pre-registration can be emailed to goscaa@gmail.com or entered into Athletic.net.

Meet Rules: USATF age divisions are based on the calendar year of birth. Timed finals will be held in all events except the 100 meter dash; preliminary heats run in the 100 if more than 8 enter. If there are less than 8 competitors the prelims will be the final. Top 8 times advance to the finals. Midget age divisions and younger may only enter 3 events (including relays). Youth age divisions may enter 4 events.

Contacts:	Jasmine Andrews 206.280.3828 Co-Head Coach	Cheryl Taplin 206.419.2204 Co-Head Coach	Ron Knight 206.234.7708 Assistant Coach & Field Events Director
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TIME SCHEDULE

TIME	EVENTS	AGE GROUPS
Running Events		
9:00am	80m Hurdles	Midget
9:15am	100m Hurdles	Youth
9:30am	100 Prelims	Mini Bantam & up
11:00am	1500m	Sub Bantam & up
11:30am	50 meter	Mini Bantam
12:00pm	100 meter final	Sub-Bantam & up
12:30pm	400 meter	Sub-Bantam & up
1:30pm	4 x 100 meter relay	Sub Bantam & up & Coaches/Parent Relay
2:30pm	800 meter	Sub-Bantam & up
3:15pm	200 meter	Sub Bantam & up
4:30pm	4 x 400 meter	Bantam & up

Field events - 3 attempts only; no finals; run one pit

9:30am long jump (youth+)	9:00am shot put (sub-bantams)	12:00pm discus (all ages)
10:30am long jump (mini-bantams)	9:30am shot put (bantams)	1:00pm turbo javelin (sub-bantams)
11:30am long jump (sub-bantams)	10:00am shot put (midgets)	1:30pm turbo javelin (bantams)
12:30pm long jump (bantams)	11:00am shot put (youth+)	2:30pm turbo javelin (midgets)
1:30pm long jump (midgets)		3:00pm javelin (youth +)

Once the meet begins, events may start up to 1 hour ahead of schedule. Time indicates starting time for youngest age group competing. Girls will start first and all other age groups to follow in order.