

**Tesseract Cross Country Invitational**  
Sponsored by Tesseract Running Club

WHEN: Saturday October 24th, 2015, Racing Starts at 1:30

WHERE: East Lake Padden Park, Bellingham, WA

(Parking either above basketball courts/playground or by dog park)

COURSE: Grass and hard packed trail. Only a spike course if very wet. **Flats recommended.**

QUESTIONS: Peter Oviatt 360-224-4247 peter@whatcomtesseract.com

REGISTRATION: \$7 entry fee per participant. Payable to "Tesseract" Registration begins at 12:15.

**We will be chip timing this race. If at all possible please pre-register via email to peter@whatcomtesseract.com by Friday, October 23<sup>rd</sup> (the earlier the better), so we can input entries ahead of race time. We will have early entrants sign a waiver and pay fee on site day of race. If you pre-register and for some reason cannot make the race ,there is no fee.**

AWARDS: Individual ribbons for 1<sup>st</sup>through 3<sup>rd</sup> place. Team ribbons 1<sup>st</sup> through 3<sup>rd</sup>. Minimum 3 team members to score.

**RACE DAY SCHEDULE**

1:30 6&U B & G 1000M	2:40 11-12 Girls 3000 M
1:45 7-8 B & G 2000M	3:00 11-12 Boys 3000 M
2:00 9-10 Girls 3000M	3:20 13-14 Girls 4100 M
2:20 9-10 Boys 3000 M	3:45 13-14 Boys 4100 M
4:15 Intermediate (15-16) B & G, Young M & W (17-18); Open Race M & W 4100M	

**NOTE: Your age group is your age as of December 31, 2015**

Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Age on 12/31/15 \_\_\_\_\_

Address \_\_\_\_\_ Sex \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Age Group \_\_\_\_\_ Team \_\_\_\_\_

**Entry Waiver:**

The undersigned participant, parent and natural guardian or legal guardian hereby acknowledges that he/she is aware of the dangers involved in participating in track and field events. Said undersigned does hereby represent that he/she is, in fact, acting in such capacity and agrees on the behalf of the participant and his/her executors, administrators, heirs, next of kin, successors, and assigns, to:

A. Waive, release and discharge from any and all liability for participant's death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to participant and his/her estate, Whatcom Tesseract and its officers, agents and employees; and

B. Indemnify and hold harmless the Whatcom Tesseract Running Club and its officers, agents and employees from and against any and all liabilities and claims made by other individuals or entities as a result of the participant's participation or actions during this activity or event.

The undersigned further consents to and authorizes medical treatment to the participant which may be deemed advisable in the event of injury, accident or illness and waive to the maximum extent permissible under applicable law.

I, the undersigned, acknowledge that I have read and understand the above release.

Date: \_\_\_\_\_

\_\_\_\_\_  
Participant/Parent/Guardian if under 18